

# GULF DEFENDER



Vol. 65, No. 5

Tyndall Air Force Base, Fla. *Home of Air Dominance Training*

Feb. 3, 2006

## In brief

### Eubank competition

The 325th Services Squadron has been selected as one of AETC's semi-finalists for the 2006 Maj. Gen. Eugene L. Eubank competition for the Best Small Services Unit in the Air Force. The squadron has selected "Treasure Island" as this year's theme. An ice breaker for the visiting AETC evaluation team is at 6:45 p.m. Wednesday at the Officers' Club. The dress for the night will be pirate attire. The cost is \$2.50 for club members and \$5 for non-members. For more information, call 283-2655.

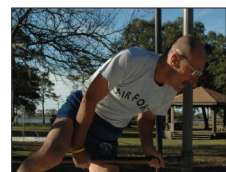
### New base guides, maps

Visit the Public Affairs office to get the latest Tyndall base guide with telephone directory and base map. For more information, call 283-4500.

## What's inside



Bioenvironmental flight keeps Tyndall safe  
... **PAGE 10-11**



"Excellent" in physical fitness test earned by 65-year-old officer  
... **PAGE 15**



Lisa Norman

## Seeing stars

Gen. William R. Looney III, AETC commander, meets Tech. Sgt. Clifford Jones, 325th Communications Squadron, and others after a commander's call Jan. 26 at Hangar 2. See Page 4 for the full story on his visit.

# Three Tyndall Airmen get top honors

**2ND LT. AMANDA FERRELL**  
325th Fighter Wing Public Affairs

Three Tyndall Airmen were awarded the Bronze Star Medal for meritorious service by the AETC commander at a ceremony Jan. 26 here.

Tech. Sgts. Jeff Findley and Jeremy Unterseher, and Staff Sgt. George Schmalz, all 325th Civil Engineer Squadron Explosive Ordnance Disposal craftsmen, had their medals pinned on by Gen. William R. Looney III, during a Tyndall visit.

"The men awarded today are warriors who proudly serve our country," General Looney said. "And we also recognize their families for the sacri-

fices they have made."

Family members of the awardees gathered with thousands of active-duty troops to witness the presentation during a commander's call.

The Bronze Star recipients said they were surprised to learn that the AETC commander would be awarding their medals.

"It was awesome to be recognized by General Looney," Sergeant Findley said. "And it meant a lot to have my wife, son and daughter here today."

The EOD craftsmen were recognized for meritorious achievement in service while deployed with the 332nd Expeditionary Civil Engineer Squadron

in Iraq from March to September 2005 in support of Operation Iraqi Freedom.

As members of the Multi-national Corps Iraq, the awardees supported operations by securing military installations, roadways and public areas from explosive devices and other terrorist threats.

"Everyday we woke up, gathered our gear and continued supporting the security mission," Sergeant Schmalz said. "At the end of the day, we re-constituted our gear and prepared for

● **SEE STAR PAGE 16**



Lisa Norman

### Woofing for attention

Peter Bowman shows off his dog, Buford, during the dog show Saturday at the FamCamp festival. The 2-year-old Boxer won first place in the "Most Handsome" category. Campers here from all over the country were treated to the festival, which included a craft sale, military working dog demonstration, live bands and more.

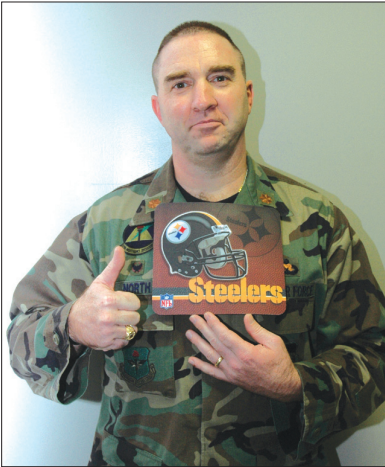
### Identify this...



Can you identify this object? If so, send an e-mail to [editor@tyndall.af.mil](mailto:editor@tyndall.af.mil) with "Identify This" in the subject line. Three correct entries will be chosen at random and drawn from a hat to select the final winner. The prize can be claimed at the Public Affairs office. No one correctly guessed the Jan. 27 "Identify This." Since it was so difficult we may run it again in a future *Gulf Defender*. Better luck next time!

## ON THE STREET

### 325th Maintenance Operations Squadron and 325th Contracting Squadron: What will be the final score of the Super Bowl?



"I say 27-20 Steelers. Contracting has bought their way out of everything—except for this one."

MAJ. ERIC NORTH  
325th MOS



"I pick 27-24 Seahawks. The Seahawks have a pretty solid running back."

2ND LT. JOE ADAMS  
325th CONS



"I say 31-17 Steelers. MOS, I've never heard of them. MOS kind of rhymes with SOS."

MASTER SGT. TERRY WHITE  
325th CONS



"I'm going 28-24 Seahawks. Shaun Alexander is going to run all over the Steelers!"

TECH. SGT. SARA ANCIC  
325th MOS

#### Gulf Defender Editorial Staff

Brig. Gen. Jack Egginton .....325th FW commander  
Maj. Susan A. Romano .....chief, 325th FW public affairs  
Ms. Chrissy Cuttita .....chief, internal information  
2nd Lt. Will Powell .....deputy chief, internal information  
Staff Sgt. Benjamin Rojek .....editor  
2nd Lt. Amanda Ferrell .....staff writer

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Inspiration comes from within; influenced by all

SENIOR MASTER SGT.  
THOMAS PIEKNIK  
325th Fighter Wing Command Post

(Editor's note: Sergeant Pieknik is currently deployed to Southwest Asia.)

As we process our "to do" lists, the way we feel about a task has a large impact on where it ends up on our schedule. Whether in or out of the military, we must choose what to get excited about, what to be passionate about, what to be proud of and what we feel is right.

Making these choices isn't always easy; especially in the day-to-day business of life. Sometimes when the day is done, I think back and wonder why I stressed so much over something like this or that. Actually, it is usually my wife or two sons that knock that kind of sense into me – in a nice way of course. It's interesting how two of my most important values – mission

and family – seem to intertwine throughout my priorities and decision-making process.

Maintaining a healthy system for choosing the right path is easier if we relate it our Air Force Core Values: Integrity First, Service Before Self and Excellence in All We Do. With all the changes and demands life brings, we sometimes let our guard down and lose focus to some extent.

Sometimes things happen that hit you like a brick and everything becomes clear all at once. You realize exactly who you are, what you're doing and why you're doing it. These significant events happen in one form or another in each of our lives and how we respond to them makes us the person we are.

For me one such event happened this last week when my deployed wing lost two brave Airmen in a convoy improvised explosive device incident. They

were here, like the rest of us, to perform a mission to the best of their ability and achieve operational excellence.

Those two Airmen sacrificed their lives for all of us – in the blink of an eye. They epitomized integrity, service before self and excellence magnificently, and their families deserve to be extremely proud of them.

I must have thought of those two heroes a dozen times every day since the incident occurred. They each had a spouse and children, which makes the whole thing even tougher when relating it to my own life.

The one thing that I always come back to after thinking of them is my own allegiance to those things important in life. Not so much whether I liked my lunch or dinner; food isn't why I came over here anyway. I didn't come to quit smoking, lose weight or shop. I came, just as my fellow wingmen here, to accomplish the mis-

sion and help keep America and all peoples free and safe in this global war on terrorism.

We had a special retreat ceremony to honor these two heroes and re-affirm our own commitment and dedication to doing the right thing – at work and everywhere. Those two guardians serve as inspiration for all of us and bring together mission and family in our hearts, minds and actions forever.

As I look around the compound, I see not only sand, tents, buildings and aircraft. I also see a very focused team of airmen, NCOs and officers from five different nations and four military services. They are very passionate and totally dedicated to accomplishing the same goal.

When we allow Integrity First, Service Before Self and Excellence in All

SEE INSPIRATION PAGE 18

Adverse actions make Airmen miss lifetime ride

MASTER SGT. TRAVIS FRITTS  
325th Services Squadron first sergeant

I've been spending a little extra time at the Base Legal Office the last few weeks. While there, I occasionally meet other first sergeants and we discuss the disciplinary issues we have at Tyndall.

Recently there have been a few court-martial cases involving drug use or some other type of misconduct. What strikes me is that these mistakes were conscious decisions made by servicemembers. They were "you-know-better-than-that" types of actions, and ended the careers for the young Airmen involved.

I'm always a little bewildered whenever a troop does something serious enough to warrant Uniform Code of Military Justice action. Maybe it's because

I can't imagine anyone risking his or her Air Force career for a 30-minute high or a few hundred dollars.

In my 22 years of service, I have done many things. I've managed to see 28 states and 15 countries. I've watched ships pass through the Panama Canal, toured castles in Germany, walked the beaches of Normandy, attended bullfights in the Azores, toured Windsor Palace and saw a full suit of armor worn by Henry VIII. I have three college degrees, a full re-

sume and future good-paying job prospects looming on the horizon. All of these gifts were courtesy of the Air Force.

“Nothing good ever happens after midnight.”

MASTER SGT. TRAVIS FRITTS  
325th Services Squadron first sergeant

Throughout all of the fun assignments, I've noticed a couple of things about the military. The military service is clearly not for everyone. There are some rules, standards and core values that we are expected to follow. There are even some unwritten expectations that can make balancing a personal

SEE RIDE PAGE 18

Action Line  
Call 283-2255



BRIG. GEN. JACK EGGINTON  
325th Fighter Wing commander

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you're not satisfied with the response

or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the 325th Fighter Wing Inspector General's Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

Below are more phone numbers that help you in resolving any issues with a base agency.

Commissary	283-4825
Pass and I.D.	283-4191
Medical and Dental	283-7515

MEO	283-2739
MPF	283-2276
SFS Desk Sgt.	283-2254
Services	283-2501
Legal	283-4681
Housing	283-2036
CDC	283-4747
Wing Safety	283-4231
Area Defense Counsel	283-2911
Finance	283-4117
Civil Engineer	283-4949
Civilian Personnel	283-3203
Base Information	283-1113

Thank you for helping me improve Tyndall and I look forward to hearing from you.

# Looney: Future AF changes likely

2ND LT. WILL POWELL  
325th Fighter Wing Public Affairs

The Air Force’s plan to reduce the force by about 40,000 over the next few years could drastically change the service’s current organization, said the AETC commander Gen. William R. Looney III, during his visit Jan. 26 here.

“The Air Force you woke up to this morning probably won’t be the same one you wake up to two or three years from now,” he said.

General Looney said unless Congress increases the Air Force’s budget, personnel cuts are the only way the service can fund the cost of the new equipment it needs.

The reduction in force could cause some of the current nine major commands to merge and re-form into



Lisa Norman

**Staff Sgt. Michael Chauncey, 325th Civil Engineer Squadron Explosive Ordnance Disposal craftsman, gives directions to Gen. William R. Looney III on how to ride the Segway.**

fewer commands, but this should not be cause for alarm, the general said.

“The Air Force used to have 14 major commands and about 600,000 people,” General Looney said, referring to the Cold War era military buildup. “But we’re a better air and space force now than we were with 600,000. We’ve done that through advancements in technology, building new weapon systems and enhancing the training for our people. It will be challenging to reduce the force by another 40,000, but I believe we will become an even more capable force.”

The general said the Air Force recognizes the value of training and education; and AETC, which oversees the professional training and education of nearly 500,000 people annually, may be the only command left unchanged if commands merge.

But the Air and Space Expeditionary Force cycle may need to be changed when the Air Force loses approximately 12 percent of its active-duty Airmen, he said.

“We may not be able to support a four-month AEF cycle if we reduce down to about 315,000 people. We have already increased the number of one-year deployments, and we may need to increase those numbers even more,” he said.

However, General Looney said he has not heard any talk of extending the normal AEF cycle past four months.

Regardless of how long AEF cycles become, the general said it’s important to remember that every deployed warrior was first trained by AETC Airmen.

“We don’t support the warfighter; we are the warfighter. Our job (in AETC) is to develop today what we’ll be asking of (Airmen) tomorrow, but our business is fighting and winning our nation’s wars,” he said.

The general took command of the second largest command in the Air Force in June, and said that he is pleased with what he has seen so far.

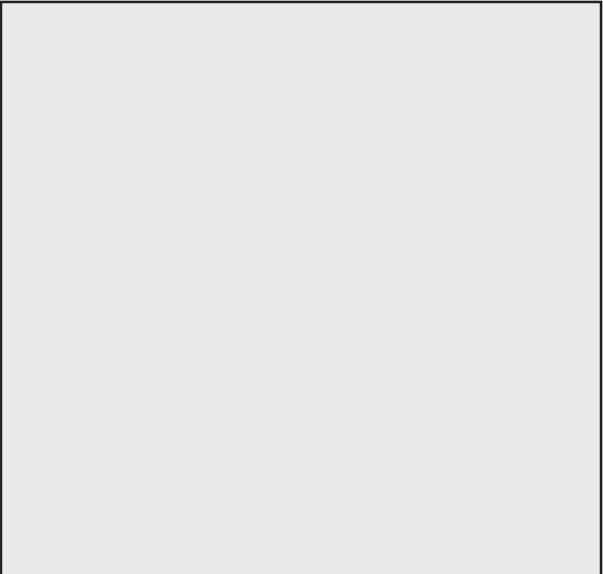
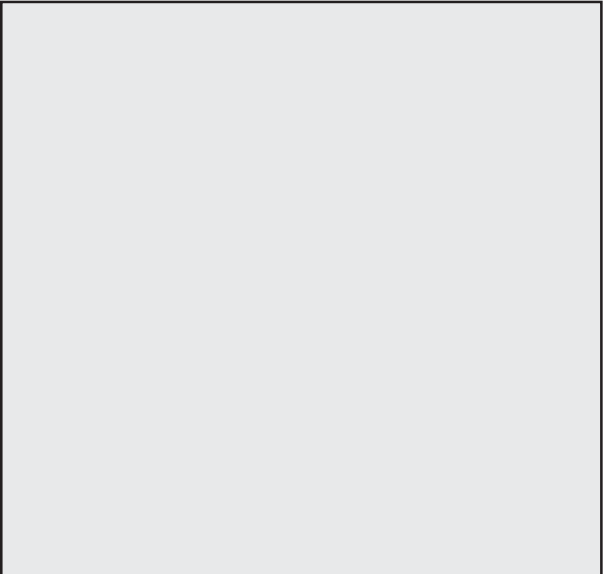
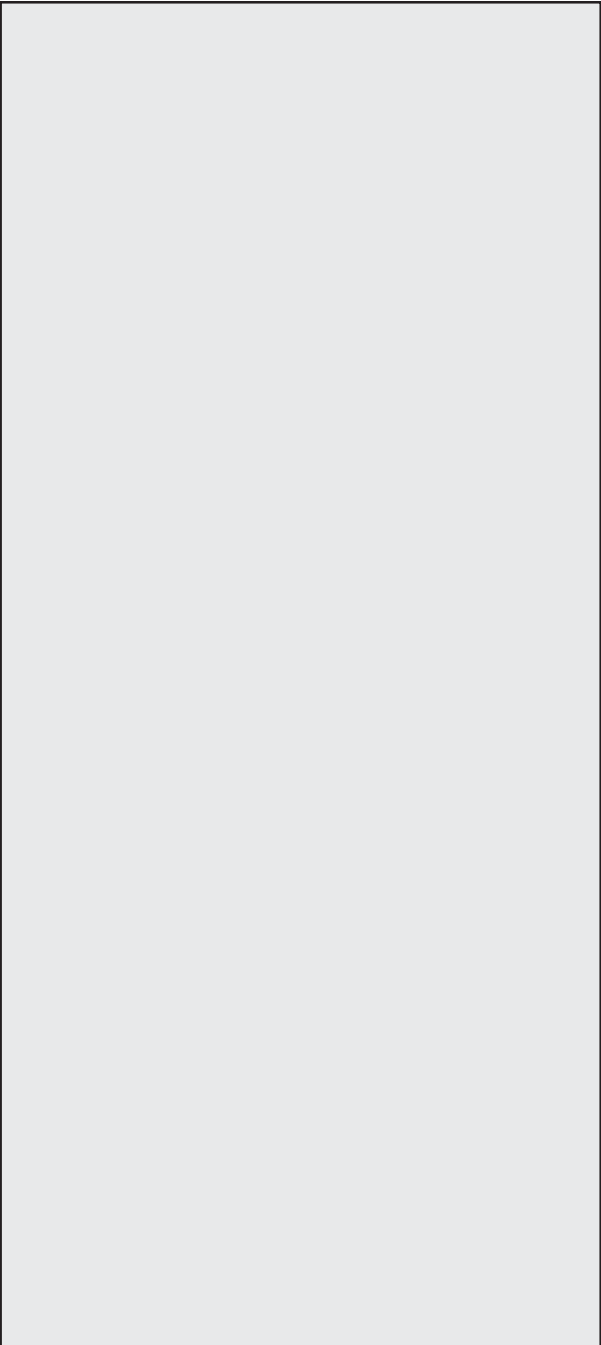
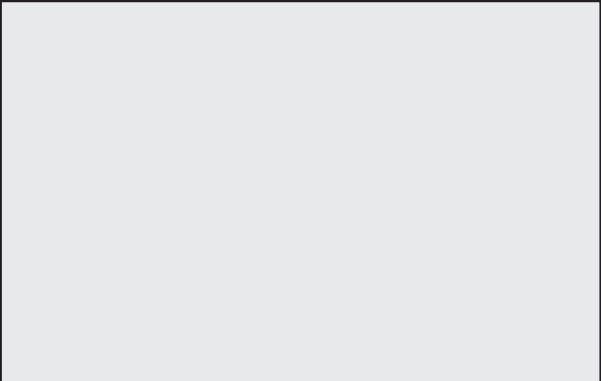
“Regardless of what some people may think, our Air Force has the best equipment in the world, but what makes the difference is our people. We all work together to make things happen, and I couldn’t be more pleased with AETC. I am so excited to be a part of this command,” General Looney said.

Did you know ...



TurboTax is free for all military online at Military OneSource’s Web site,

[www.airforceonesource.com/.](http://www.airforceonesource.com/)



# AETC command chief discusses family, mission

SENIOR AIRMAN SARAH McDOWELL  
325th Fighter Wing Public Affairs

An Airman’s family should be his or her number one priority in life, even above the mission, said Chief Master Sgt. Rodney Ellison, AETC command chief, during an enlisted call Jan. 26 here.

“The mission may be your base’s and the Air Force’s priority, but your family is your number one priority,” he said. “When I retire, no one will remember me, or remember that I was a chief. But, my parents will still know me as a son, my wife will still know me as a husband and my children will still know me as a father. This is what matters most, and you have to ensure you are giving your family everything they need.”

He said these relationships, and those Airmen make in the Air Force, are the most important things in life.

The chief also stressed the importance of mentorship and leadership in building professional, quality relationships with subordinate Airmen.

“Your Airmen need to know that you care. It will impact them,” he said.

Supervisors should not be afraid to get involved in their Airmen’s lives by asking questions and inspecting dorms, Chief Ellison said.

“There is nothing wrong with our Airmen today,” he said. “They are the best and brightest America has to offer. But we need leaders, leaders who are engaged, leaders who care. When was the last time you inspected a dorm room? That’s not just the first sergeants’ job, that’s every leader’s job.

“We need to create the kind of relationships where the worst thing you could say is ‘I’m disappointed in you,’ and that gets the point across,” Chief Ellison said. “But, we are not creating these kinds of relationships.”

However, no matter what rank Airmen are, the chief said we all wear the uniform for the same reasons.

“You protect and preserve this country for the people you love. You live in the greatest country in the world,



Lisa Norman

Chief Master Sgt. Rodney Ellison speaks to a crowd of Airmen at an enlisted call Jan. 26 here.

and you can give them a life like no other. Each and every one of you is a patriot, and I am proud to wear the same uniform that you wear,” he said.

# Housing privatization nearing completion, officials say

1st Lt. J. Elaine Hunnicutt  
325th Fighter Wing Public Affairs

For the last two and a half years, civil engineers have been working with AETC and private developers to privatize Tyndall on-base housing.

After lengthy negotiations, the housing privatization project is now in its final stages and will be formalized after a 30-day Congressional notification period.

“We look forward to awarding the privatization initiative and are excited about the improvements this will bring to the ‘quality of life’ for Tyndall Airmen,” said Glenn Lattanze, 325th Civil Engineer Squadron housing privatization office. “At the end of the approximately four-year construction period, Tyndall families will have access to better, larger and more modern houses.”

Based on the current schedule, the official public announcement of the housing privatization developer will most likely happen in early March.

Soon afterwards, base residents will be invited to a town hall meeting hosted by the new developer. At that time, the developer will discuss all aspects of the privatization project including construction timing, demolition of Wood Manor units and design of the new houses.

The developer will start construction of new enlisted houses north of Redfish Point in late summer according to preliminary indicators. At about the same time, base leadership will begin vacating some Wood Manor units for demolition and re-construction.

“We do not yet know which areas of Wood Manor will be impacted by this phase of the project, but eventually all Wood Manor houses will most likely be replaced by the developer,” said Mr. Lattanze.

Based on agreements in the contract, the housing developer is allowed to demolish up to 98 units in the first year. To avoid displacing that many families into the local economy at once, base leadership made the difficult decision to freeze the housing waiting list for all enlisted members last November. This step was taken to minimize the number of families asked to move off-base once the developer starts construction. Because the waiting list has been frozen, the housing office now has approximately 60 vacancies throughout all five housing neighborhoods.

“Once we know where the developer will start Wood Manor demolition and construction, families in units scheduled for demolition will be given priority for those vacant houses,” said Mr. Lattanze. “Given the uncertainty of the developer’s plans at this point, we do not yet know when the waiting list will be unfrozen.”

If an Airman is experiencing a “unique or unusual hardship” due to the freeze, a request for priority housing may be submitted to the Housing Office, said Mr. Lattanze.

For more information on waiting lists, call Mary Ann Barbieri at 283-8141. For information about the housing privatization development, call Mr. Lattanze at 283-4712.

Checkertail

Live Bands,  
great food  
and dancing

Wing Swing

5-11 p.m. Feb. 25

Hangar 5

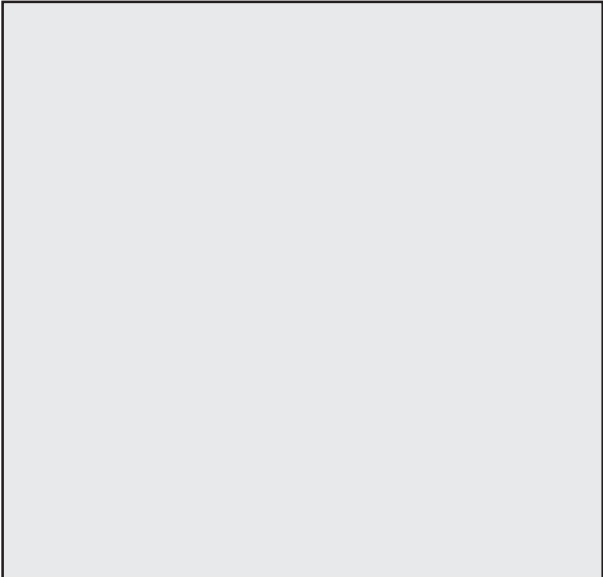
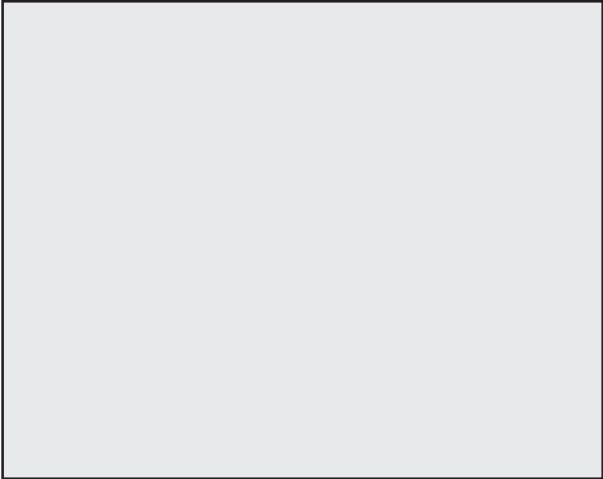
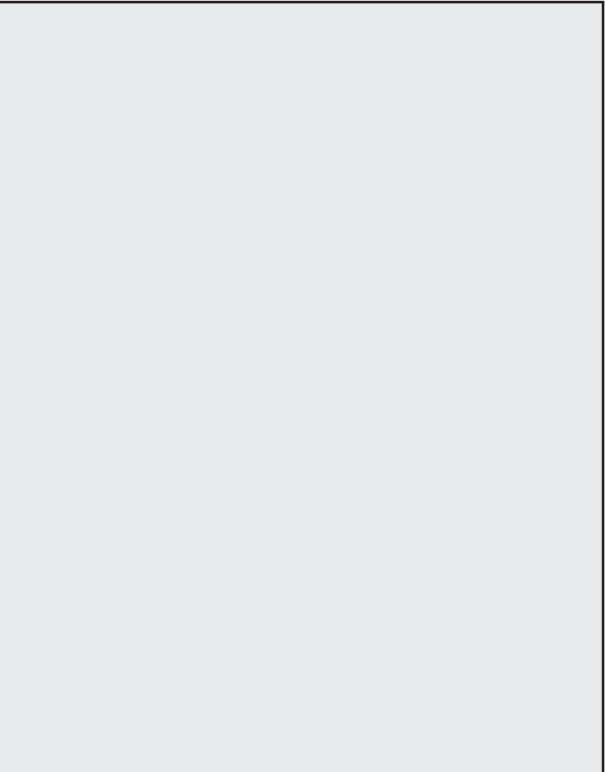
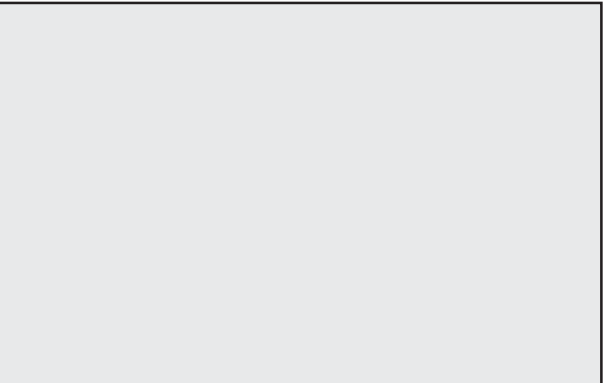
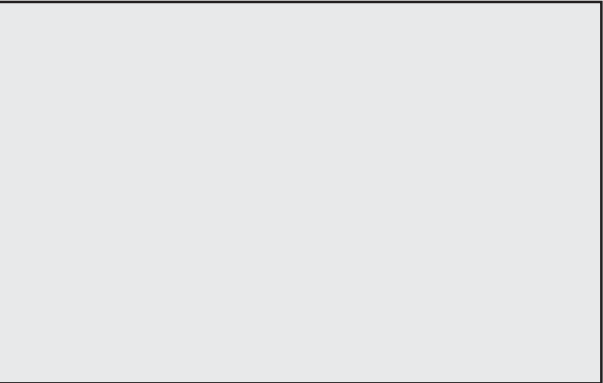
\$10 for E-1 - E-5

\$15 for all others

Tickets are available from  
squadron representatives  
or the O'Club

For details, call 283-4375





# Wing Swing tickets still available

The Checkertail Wing Swing is from 5–11 p.m. Feb. 25 in Hangar 5. There will be dinner, dancing and live music. Tickets are priced at \$10 for E-1 through E-5s and GS-1 through GS-7, and \$15 for all others. To purchase tickets, contact your squadron representative:

2nd Lt. Michael Jost	325th CES
Angie Crawford	AFRL
Capt. Brad Foster	325th OSS
Capt. Gregory Soderstrom	325th OSS
Ginger Cullen	AFCEA
Jill McDonald	81st RCS
Leslie Richardson	325th CONS
1st Lt. Donald VanSlyke	325th ACS
Maj. Damian Olivieri	1st FS
Meg Hughes	82nd ATRS
Master Sgt. Travis Fritts	325th SVS
Master Sgt. Eric Hall	325th ADS
Master Sgt. John Kelley	325th SFS
Master Sgt. Marion Wynn	325th MOS
Patty Fackler	325th SFS
Renee O’Neal	83rd WEG
Senior Airman Melissa Sanchez	325th MDOS
Staff Sgt. Nicholas Craddock	325th CS
Staff Sgt. Shelica Jackson	43rd FS
Staff Sgt. Eric Williams	325th MDSS
Tech. Sgt. Larry Cutting	325th MXS
Tech. Sgt. David Marquez	325th AMXS
Tech. Sgt. Kristi Sundstrom	325th CPTS

Tickets are also available at the Officers Club ticket cage daily, as well as at the Base Exchange on Saturdays and Sundays from 10 a.m. to 2 p.m. For more information, call 283-4357.

# TDY Airman convicted of drug use, receives jail time

CAPT. ROSEMARY GILLIAM  
Base Legal Office

A McGuire AFB Airman was convicted of one specification of wrongful use of cocaine in a special court-martial held Jan. 20 here.

Senior Airman Scott A. Diehl, who was here working a temporary duty assignment at the 601st Expeditionary Air Communications Squadron, admitted to using cocaine in June and pled guilty of violating Article 112a of the Uniform Code of Military Justice before a military judge.

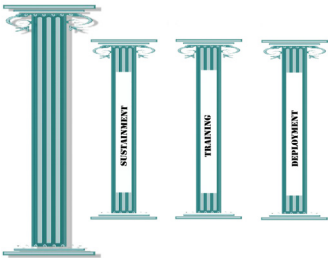
After reviewing documentary evidence, taking testimony from Airman Diehl’s commander at Tyndall and hearing arguments from both the government and the defense counsel,

the judge returned a sentence of five months confinement, reduction to airman basic and forfeiture of \$800 pay per month for five months. In addition to his sentence, the Airman now has a federal conviction on his criminal record.

“This Airman’s conviction serves as a reminder that rules still apply whether you’re in or out of uniform, and whether you are at your home base or on temporary duty,” said Capt. Shawn Tabor, Tyndall’s chief of military justice.

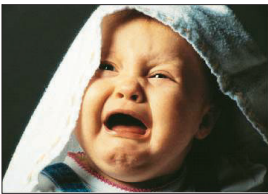
“The Air Force has ‘zero tolerance’ for drug use,” said 1st Lt. Ezra Glanzer, assistant trial counsel. “If you use, you will be caught and punished.” This was the second court martial this year at Tyndall in which a defendant was convicted of drug use.

## FORCE PROTECTION



Did you miss past issues of the Gulf Defender?  
Don't fret!

We're online:  
[www.tyndall.af.mil/News/news.htm](http://www.tyndall.af.mil/News/news.htm).



Look ahead!  
The Checkertail Market is on Page 18.  
Search for cars, furniture and more.  
And placing an ad is free!

## Associate Spotlight

Susan Anderson



Lisa Norman

**Ms. Anderson receives the Associate Spotlight award from Col. Gus Elliot, Headquarters Air Force Civil Engineer Support Agency commander.**

The Checkertail Clan salutes Ms. Anderson, who was a key player in implementing AFCESA's new sustainment/restoration and modernization financial management program. She developed processes that accounted for more than \$145 million in customer facility projects last year.

**Duty title:** Lead sustainment/restoration and modernization budget analyst

**Time on station:** Six years

**Hometown:** Belleville, Ill.

**Hobbies:** Volunteering at high school

**Favorite book:** "The Five Dysfunctions of a Team" by Patrick Lencioni

**Favorite thing about your unit:** Helping make someone else's job easier, giving other bases support

**Pet Peeves:** Team members stuck on "I" rather than "we"

**Proudest moment in the military:** Supporting Whiteman AFB, Mo., with the B-2 Spirit Bomber program

*The Associate Spotlight is a 325th Fighter Wing commander program designed to recognize a Warrior from one of Tyndall's tenant units. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate from the wing commander and other items presented by their unit.*

UNDER

CONSTRUCTION

Phase II of construction at the Sabre Gate is underway. This portion of work will last approximately four months. This phase of construction allows for only outbound traffic flow through the Sabre Gate. Inbound access for military family housing residents and Youth Center, Golf Course and Marina Club employees will be through School Road Gate.

All inbound traffic through School Road Gate will be required to turn right onto DeJarnette Road, and all outbound traffic on Sabre Drive will not be permitted to turn right on DeJarnette Road. All other inbound traffic should use the main gate at Illinois Avenue.

## Checkertail Salute

Master Sgt. James Weston



Steve Wallace

**Sergeant Weston receives the Checkertail Salute Warrior of the Week award from Brig. Gen. Jack Egginton, 325th Fighter Wing commander.**

The Checkertail Clan salutes Sergeant Weston, 325th Medical Group. He won 325th Fighter Wing's 2004 Junior and 2005 Senior unit level training manager awards. He traced and monitored 64,000 training requirements for 327 members. Tyndall's Top Three elected him as president for 2006.

**Duty title:** Training manager

**Time on station:** Two years, five months

**Time in service:** Eighteen years

**Hometown:** Connorsville, Ind.

**Hobbies:** Fishing and boating

**Favorite movie:** "Gettysburg"

**Favorite thing about Tyndall:** The beach

**Pet peeves:** People who arrive late for appointments

**Goals:** To make senior master sergeant

**Proudest moment in the military:**

Reactivating for four years

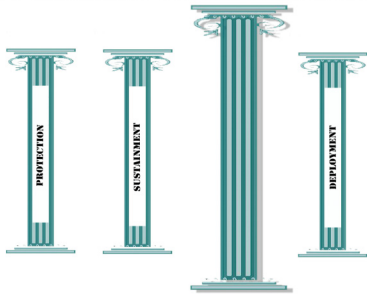
*The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall's Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.*

**The Gulf Defender is published for people like Senior Airman Corie Hudson, 95th Aircraft Maintenance Unit load crew member.**



**SAFETY FIRST**

## FORCE TRAINING



# Airman trades civilian clothes for blue

**STAFF SGT. BENJAMIN ROJEK**  
325th Fighter Wing Public Affairs

When it seemed that his life had hit a metaphorical brick wall, a young man from San Jose, Calif., decided to make some changes.

Brandon York had finished his associate's degree, but money and responsibilities kept him from getting his bachelor's. He was 27, working at a hardware store, and he felt that his life was getting stagnant.

"I didn't want to be living at home at 30," said now Airman 1st Class York. "I

wanted to go to school and have a career.”

He had looked at joining the Army or Marines after high school, but had decided against it. This time he followed in his father's footsteps. His dad was a crew chief in the Air Force from 1958 to 1962.

The move to becoming a crew chief seemed natural, said Airman York.

"I had worked for a year at the San Jose Jet Center," he said. "I worked with prop planes, Lear jets and Gulf Streams. I marshaled the planes in and out,

changed the oil and did some engine servicing.”

Although the difference between a private plane and an Air Force fighter jet is immense, he said just being around all the planes on the runway helped him with his new career as an F-15 Eagle crew chief.

“You learn where to go and where not to go around the planes,” said Airman York. “Still, I know it will be a little bit intimidating to get around running F-15s.”

The Airman will soon get a chance to be around live Eagles. He is about 10 days into his 20-day mission ready airmen course at the 372nd Training Squadron/Detachment 4, and the next step is to launch the fighters.

“During the first launch, every student misses something,” said Staff Sgt. Alan Arcand, 372nd TRS/Det. 4 MRA instructor. “But I have the feeling Airman York will ask a lot of questions and be one of the best crew chiefs to pass through these halls.”

However, launching and servicing F-15s is not the only thing the Air Force has taught him.

“I’ve learned a lot more discipline, that’s for sure,” said Airman York. “I’ve also learned organizational skills and how to set goals better.”

Airman York is also excited to just have the experience of working on a jet.

"None of my friends are doing it," he said. "Not many people get to work on F-15s."

# Training Spotlight

## How are you preparing for your first experience controlling live air traffic?

“I’m constantly refreshing my skills in the simulator, and I’ve spent months studying, monitoring and observing air traffic. I’m looking forward to the experience.”



**2ND LT. MATT BIRKHIMER**  
325th Operations Support Squadron  
air traffic control student



Staff Sgt. Benjamin Rojek

**Airmen 1st Class Brandon York, center, and Miranda Wilson, mission ready airmen students, listen as Staff Sgt. Alan Arcand covers proper documentation techniques.**

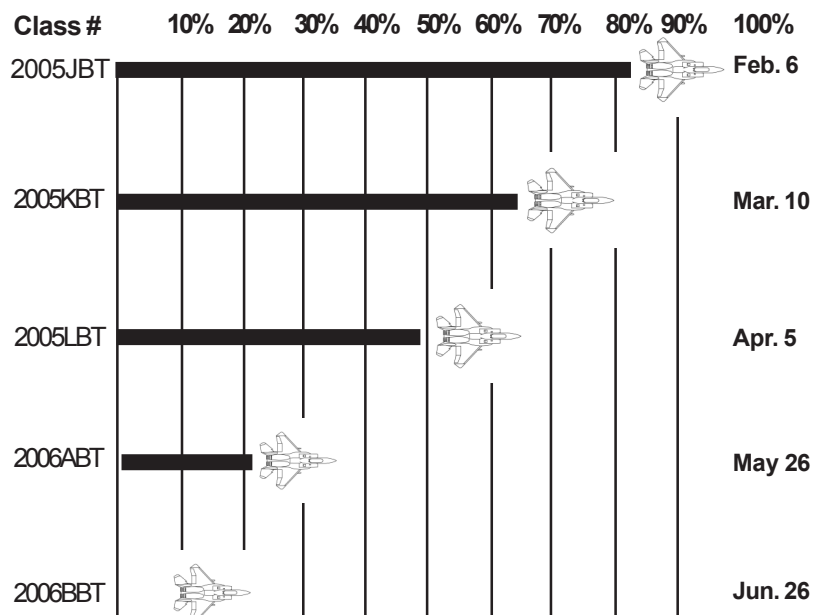


Staff Sgt. Benjamin Rojek

## Intel brief

**First Lt. Jonathan Slinkard, 325th Operations Support Squadron F-22A Raptor intelligence formal training unit student, gives a premission brief to his class. He and other members of Class 06-01 have finished four of five training weeks.**

## *F-15 Eagle B-Course progress chart*



## Feature

# Responders to the unknown:

*Airmen keep homes, workplaces free of chemical, biological health hazards*



Photo illustration by 2nd Lt. Will Powell

**2ND LT. AMANDA FERRELL**

325th Fighter Wing Public Affairs

The water you drink, the air you breathe and the environment you work in is free of chemical contamination because of the analytical expertise of the 325th Aeromedical-Dental Squadron bioenvironmental engineering flight.

"As a bioenvironmental engineering craftsman, I'm committed to provid-

ing safe, healthy conditions for Air Force personnel to work and live in," said Staff Sgt. Jermaine Barksdale.

Bioenvironmental engineering is composed of three agencies: occupational health, environmental compliance and readiness.

"The majority of our efforts are spent on occupational health issues," said Sergeant Barksdale.

"Occupational health is identifying health hazards and instituting controls to protect personnel in the workplace," said Staff Sgt. Thomas Allen, 325th ADS NCO in charge of readiness. "It's like preventative medicine."

"Tyndall has a unique occupational health mission," said Sergeant Barksdale. "Being one of the few F-22A bases, we are responsible for assessing potential health hazards related to the aircraft's composite material and noise production."

"We analyze levels of radiation, hazardous chemicals, air and water contamination and noise," said 1st Lt. Scott Boyle, 325th ADS bioenvironmental engineer.

While occupational health supports government personnel working on base, environmental compliance affects everyone working and living on base, said Lieutenant Boyle.

"The environmental compliance mission ensures that the Air Force operates in accordance with federal guidelines and EPA standards," Sergeant Barksdale said.

In addition to drinking-water surveillance, craftsmen here take routine beach water samples at various sites along the shoreline between Mexico Beach and the Dupont Bridge. If specific bacteria are detected in the water and present a potential health hazard, public warnings are issued restricting access to affected areas, he said.

All flight members are trained to conduct routine assessments and respond to emergency situations, Lieutenant Boyle said.

"There is always someone on call," said Sergeant Barksdale. "We respond to carbon monoxide alarms in base housing, water main breaks and other hazardous situations."

"We also respond to hazardous material calls and fuel spills on the flightline," said Sergeant Allen. "Once the pollutant is identified and the environmental impact is assessed, civil engineering or subcontracted experts work to contain and treat the problem."



2nd Lt. Amanda Ferrell

**Staff Sgt. Dale Kirner, 325th Aeromedical-Dental Squadron bioenvironmental engineering craftsman, uses equipment to identify an unknown liquid.**

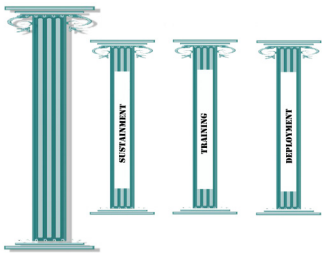


**Senior Airman Sergio Escalero, left, bioenviro how to use a hazardous material identi Bioenvironmental engineering craftsmen use health hazards associated with unidentified s**

When hazardous biological or chemical agents are used with the intent to harm, the mission quickly shifts from ‘preventative medicine’ to rapid emergency response.

“Federal legislation has required the addition of new emergency response equipment,” said the lieutenant. “Over the past few years we’ve

**FORCE PROTECTION**



dedicated a lot of time learning how to operate this highly technical equipment, and staying proficient will remain a top priority.

“As emergency responders, we are also trained medics,” continued Lieutenant Boyle. “Bioenvironmental engineering personnel are some of the first on the scene and work to identify immediate health hazards.”

“Our team also works with local civilian agencies to prepare disaster response plans,” Sergeant Allen said. “Our equipment may differ, so becoming familiar with both military and commercial equipment is important.”

“In this post 9/11 climate, our readiness mission often transcends the Tyndall gates,” said Lt. Col. Laura Stahl, 325th ADS flight commander. “We are placing an increas-

ing emphasis on interacting and training with our local emergency preparedness counterparts at the county and state level.”

Whether assessing water quality or responding to unknown chemical or

biological agents, the bioenvironmental engineering flight has the technical equipment and expertise to ensure all who work and live here enjoy a healthy, safe environment.



Photo illustration by 2nd Lt. Will Powell

**Staff Sgt. John Horgan, bioenvironmental engineer craftsman, draws a routine water sample from a well that provides water to the base.**



2nd Lt. Amanda Ferrell

**Environmental flight craftsman, demonstrates identification sensor to check a sample. detection equipment to assess potential substances.**



2nd Lt. Will Powell

**Staff Sgt. Thomas Allen prepares to conduct a gas mask fit test on Staff Sgt. Timothy Krisko, 325th Maintenance Squadron. The flight is responsible for ensuring gas masks fit Airmen correctly to protect them against chemical or biological agents.**

## Briefs

**AADD volunteers**

Airmen Against Drunk Driving is looking for volunteers. The hours of operations are 5 p.m. to 5 a.m. Fridays and Saturdays. Volunteers must be E-1s through E-4s. Those interested in volunteering can call 867-0220, or e-mail Airman 1st Class Brandon Krueger at [brandon.krueger@tyndall.af.mil](mailto:brandon.krueger@tyndall.af.mil).

**Enlisted aide opportunities**

The Air Force general officer management office has enlisted aide opportunities at Bolling AFB, D.C. and Tyndall AFB. Applicants must be second term Airmen (must have reenlisted), or career Airmen in the rank staff sergeant or technical sergeant to apply. Information on the program and an example of the application package can be found in Air Force Instruction 36-2123. For additional information, visit the Web site, <https://www.dp.hq.af.mil/afslmo/afslmoea>, or contact Master Sgt. Kevin Carpenter at (703) 695-5910, DSN 225-5910 or by e-mail at [kevin.carpenter@pentagon.af.mil](mailto:kevin.carpenter@pentagon.af.mil).

**W-2s now available**

W-2s are now available on the myPay Web site, <https://mypay.dfas.mil/mypay.aspx>. For more information on tax services, including the Volunteer Income Tax Assistance program, contact a unit tax advisor.

**Heart Link**

The next Heart Link is 8 a.m. to 2:30 p.m. Feb. 17 at the Enlisted Club Classics Lounge. Heart Link is an orientation program that helps Air Force spouses learn more about the Air Force mission, customs, traditions, protocols, and available resources and services. For more information, call the Family Support Center at 283-4205.

**Flu shots**

Flu season is not over. Tyndall Immunization Clinic has flu shots available for all beneficiaries. Walk-in hours are from 7:30–11:30 a.m. and 1–4 p.m. Monday–Friday.

**HAWC Commissary tours, blood pressure screenings**

To commemorate Heart Health Month, the Health and Wellness Center will be hosting Commissary tours at 10:30 a.m.,

2:30 and 3:30 p.m. Thursday to help grocery shoppers identify heart healthy food choices. Special emphasis will be placed on foods that fit into the Dietary Approach to Stop Hypertension diet. In addition, blood pressure checks will be provided from 10 a.m. to noon and from 2–4 p.m. in the Base Exchange lobby. Call the HAWC at 283-3826 to sign up for the tour or for more information. All activities are free and open to everyone.

**RAO volunteers**

The Retiree Activities Office will soon be forced to close unless more people volunteer to keep it running. Currently, the office is staffed by only two individuals, both above the age of 70, whom by their own admission no longer have the energy necessary to sustain the office. The ROA provides a source of information for the retiree community about pay and entitlements, vehicle registration, identification cards and more. Office hours are from 9 a.m. to noon Monday–Friday and volunteers can work as many or few hours per week as they desire. For more information, or to volunteer, call 283-2737, or e-mail [tyndall.rao@tyndall.af.mil](mailto:tyndall.rao@tyndall.af.mil).

**Troy State deadlines**

The deadline for removing an incomplete grade from Term III is Feb. 10. The deadline to sign up for the Term IV comprehensive exam is Feb. 10. The exam will be administered March 11. Web registration for Term IV will begin Feb. 13 and continue through March 12. Open registra-

tion will be Feb. 27 to March 12. Term IV is March 13 to May 21. Call Troy State at 283-4449 for more information.

**Gulf Coast Community College**

The GCCC Tyndall Center placement test is at 1 p.m. Wednesday. Also, the GCCC Foundation Scholarship for the 2006/2007 Academic Year is now available and must be turned in by March 1. Applications are available at the Tyndall Education Center. For more information, call 283-4332.

**Airman's Attic**

Family Services and the Airman's Attic are open from 9 a.m. to 1 p.m. Monday–Friday in Bldg. 747. Call the Family Services office at 283-4913 for more information.

**Thrift Shop hours**

Normal operating hours are 9:30 a.m. to 12:30 p.m. Wednesday–Friday, with consignments from 9:30–11:30 a.m. Wednesdays and Thursdays. The Thrift Shop is located in Bldg. 743, across from the Post Office. For more information, call 286-5888.

**The Book 2006**

The Public Affairs office has copies of Airman magazine's "The Book 2006" available for distribution. The annual publication is filled with statistics and other information about active, Guard and Reserve Air Force units, personnel and equipment worldwide. To get copies, stop by the office in Bldg. 662, Ste. 129.



Staff Sgt. Benjamin Rojek

**Rev'd up**

Thomas Carty, a retired Navy senior chief, checks out the NASCAR Tide car Tuesday in front of the Commissary. The car was here as part of a promotional tour for the Tide car racing team.

**Tyndall Chapel Schedule****Catholic services**

Daily Mass, 11:30 a.m.  
Monday–Friday,  
Chapel Two  
Reconciliation, before Saturday Mass or by appointment  
Saturday Mass, 5 p.m.,  
Chapel Two  
Sunday Mass, 9:30 a.m.,  
Chapel Two  
Religious Education, 11 a.m.,  
Bldg. 1476

**Protestant services**

Traditional worship service, 9:30 a.m., Chapel One  
Contemporary worship service, 11 a.m., Chapel Two  
Wednesday Fellowship, 5 p.m., Chapel Two

(For more information on other services in the local area, call the Chaplain's office at 283-2925.)



Staff Sgt. Benjamin Rojek

Jump shot

Michael Ward, center, AMXS 3, jumps over Ryan Cunningham, right, Anthony Dyer and Zedrick Threatt, AMXS 1, during an intramural basketball game Monday here. AMXS 1 went on to win the game, 39-33.

Super Prog I decends upon Tyndall

PIGSKIN PROGNOSTICATOR  
From home of Super Bowl champs Seattle

The NFL and I want to know: Are you ready for some football? I know I am. One weekend without my beloved professional pigskin, and I'm going through withdrawals. To think we only have the Super Bowl and Pro Bowl to go. I'll have to get my off-season fill from ESPN.

Speaking of "off," it doesn't seem quite right that Detroit, host to Super Bowl XL, has nary a blue banner hanging about, despite the fact that it's their home team's color. No, Detroit has gone to the Pitts, displaying black and gold in honor of the Steelers.

It makes sense, though. The Motor City is home to one Jerome Bettis, Pittsburgh's star running back. He will be getting a key to the city, honored with a Jerome Bettis Day and possibly retiring. That's a big week for anyone.

It's a big week for Seattle as well. This is a first journey to the Super Bowl for many of the team's players, and it has the

odds makers picking against them. For some teams, this would put them in a funk. But the Seahawks are used to being underdogs.

"People say the AFC is so strong and the NFC is weak," said quarterback Matt Hasselbeck in an interview on superbowl.com. "So be it. We have to play a football game. All that other stuff doesn't matter. I guess it's motivation to prove something to the people who don't believe in you, but that's not the only thing we're playing for."

It doesn't matter what Seattle is playing for to 325th MOS or CONS. The last two teams standing in the Pig Prog competition have both picked the Steelers to win it all.

"I am a big time Steelers fan," said Jalal Razick, 325th MOS picker. "The first football game I can ever remember watching was back in 1972 when I saw Franco Harris make the 'immaculate reception' against the Raiders, and ever since then I have bled noth-

ing but Black and Gold."

The 325th CONS picker is actually from Steeltown.

"I picked the Steelers because I grew up in Pittsburgh," said Brent Goe. "I have been a Steelers fan as long as I've been able to walk."

It's that loyalty to his team that has kept Goe focused through the football-less weekend.

"Being that we have several Pittsburgh natives and a few bitter Denver fans in the squadron, football has been a constant topic of conversation," he said.

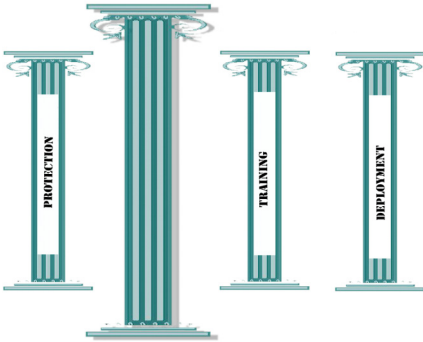
Razick said he's still on-target as well.

"MOS has never lost focus since the outcome was clear after Pittsburgh defeated the Broncos in the AFC Championship," he said. "It didn't matter which team came out of the weak NFC."

So that's who Hasselbeck heard it from.

Now, let's get out there and watch the Super Bowl!

FORCE SUSTAINMENT



Intramural Sports Standings

Basketball					
Team	W	L	Team	W	L
ACS	10	0	SFS	3	5
95th FS	7	1	COMM	3	7
AMXS 3	6	1	SVS	2	6
AMXS 1	7	2	83rd FWS	2	7
AMXS 2	6	3	AFRL	2	7
OSS	6	3	601st EAOG	1	7
MXS	4	2	CES	0	8

Bowling					
Team	W	L	Team	W	L
SFS	102	58	AMMO	80	80
1st AMU 3	99	61	AFCEA	78	82
MXS-Phase	98	62	CS 1	78	82
601st 2	98	62	SVS	75	85
IAM	96	64	CONS	75	85
TEST	94	66	OSS	74	86
MXS 1	94	66	53rd WEG	72	88
601st 1	90	70	83rd FWS 2	72	88
AMXS	90	70	ACS 2	70	90
MSS 2	88	72	RED HORSE	70	90
1st AMU 1	85	75	MOS	69	91
MSS 1	84	76	ACS 1	64	96
NCOA	84	76	MDG	62	96
83rd FWS 1	84	76	CS 2	58	102
1st AMU 2	73	77	1 FS	56	104
CES	82	78	AAFES	52	108

Softball tryouts

The Tyndall women's varsity softball team tryouts will be held on the following dates:

10 a.m Feb. 11 at Falcon Field  
4:30 p.m. Feb. 13 at Falcon Field  
4:30 p.m. Feb.15 at Falcon Field  
10 a.m Feb. 18 . at Eagle Field  
10 a.m Feb. 20 at Eagle Field

Anyone interested in joining the Tyndall Lady Tigers winning tradition should e-mail Senior Master Sgt. Daryl Shines at daryl.shines@tyndall.af.mil.

Men's varsity softball tryouts will be conducted at Falcon Field on the following dates:

11 a.m. Feb. 18  
10 a.m. Feb. 20  
5:30 p.m.Feb 21, 22 and 23

Anyone interested should contact Master Sgt. Robbie Robinson at 283-5137 or robert.robinson@fljack.af.mil.

# Center provides physical activity options for youth

CHRISSEY CUTTITA

325th Fighter Wing Public Affairs

*(Editor's note: This is the third of a four-part series on the Tyndall Youth Center.)*

During the winter months, the Youth Center gym is packed with families rooting for their sports star's team on



Chrissy Cuttita

**Coach Jose Rivera runs down the court with Lakers team player Kalvon Livingston during a youth basketball game here.**

Saturday mornings.

"The sports program here is about development skills," said Andy Wallace, Youth Center sports director, who coordinates all the teams. "I want all the kids to learn. We emphasize fun, not competition."

They are a "league of their own" in most cases, with co-ed teams playing each other. Baseball players ages 11 and 12 play against Bay County teams, as well.

Basketball season is in full swing now until baseball starts up in March. Baseball season will run until June and fall soccer will start in September.

To ensure safety of children, the Air Force requires each child to have a yearly physical and a review of their immunization records to register for each sport. A birth certificate is also required to ensure children play with the appropriate age group.

Coaches are all volunteers and are certified by the National Youth Sports Coaches Association. They are mostly military, civilian and contracted employees of Tyndall.

Players learn the basic fundamentals of the sport in which they participate.

"Playing is fun," said Shelby Edman, just before getting on the court to score two points for her basketball team. "I like jumping, shooting and running."

Families can also pay to participate in any of the instructional classes of-

fered during the weekdays, like gymnastics and karate. The classes are taught by certified instructors, and various classes are available for different age groups and abilities.

One of the newest classes is a Tiny Tot gymnastic class for ages 15 months to 5 years of age each Friday at 9:30 a.m.

The Start Smart sports program for 3-7 year olds, is designed for both child and parent to learn how to practice the basic sports skills. General sport, football, basketball, baseball, golf and soccer classes are offered under this program.

"Last year, we were the first Air Force base to complete all six sports and receive the All Star award from the National Alliance of Youth Sports," said Alma Hooks, Youth Center programs director.

Once the skate park completes some major improvements, the center hopes to resume skateboarding instruction.

"We were fortunate to receive end-of-year funding so we could replace and add to our existing skate park," said Ms. Hooks. "With the help of some very dedicated volunteers we are adding a half-pipe, a new quarter pipe and a pyramid to the park. When it is open, all users will have to go through a safety course to utilize the park."

In addition to the sports program, the Youth Center participates in the

Air Force's Fit Factor program, an incentive program for children age 9 to 18 titled "Get up, Get out, and Get fit."

"They register online and log in their activities to move up levels and win incentive prizes," said Stacie Bedell, Youth Center recreation assistant. "A few times a month the center will host an activity from which the children can gain points and then we take the time to register their information."

They can get credit for any physical activity whether they are walking a dog, doing other household chores or actually participating in sports.

"We also offer opportunities to attend Air Force Services Agency sponsored youth camps," said Ms. Hooks. "A favorite one to apply for is the Air Force Aviation Camp held at the Air Force Academy."

This year the camp is being held June 3 - 9. Applications are on line at [www.afyouthprogram.com](http://www.afyouthprogram.com). Teens going to be sophomores or juniors during the 2006/2007 school year are eligible to apply."

Along with this residential camp, Air Force Youth Programs will be offering Missoula Performing Arts, 4-H Adventure Camp and Space Camp. Information regarding these other camps will be available at the Youth Center in the coming months.

For more information, call the Youth Center at 283-4366.

## Tigers split with Hurricanes, tied for first place

The Tyndall Tigers men's varsity basketball team, 15-7 conference, split their two road games versus the Naval Station Mayport Hurricanes in Southeastern Military Athletic Conference, regular season action Saturday and Sunday.

Fortunately for the Tigers, Moody split their two game set with Eglin resulting in Tyndall and Moody remaining tied with both having two conference games remaining.

In Saturday's game, Tyndall, who dressed only eight players, jumped out to an early lead that they maintained throughout the half as they took a 35-27 lead into the intermission. In the second half, the Tigers extended their lead to double digits and coasted to the victory, 81-63.

Tigers Anthony Showers and Melvin Smith tied for game-high scoring honors with 16 points each, followed by Ryan Cunningham with 14 and

Marqus Armour with 13. Derrell Thomas led in rebounding with a season-high 17, and Smith and Showers tied in assists with six each. Lious Robinson led Mayport in scoring with 12 points.

Sunday's game saw the Tigers fall behind early, but they fought their way back to take a two point lead 38-36 at the half. In the second stanza, the Tigers seized control of the contest as they opened up a 14 point lead with eight minutes remaining in the game.

However, Tyndall missed seven out of eight free throws and committed several crucial turnovers down the stretch to enable the Hurricanes to battle back to send the game into overtime 75-75.

In the overtime period, fatigue caught up with the Tigers as they fell behind early and had no answers as Mayport outscored them 23-7 to take

the overtime win, 98-82.

Showers paced the Tigers in scoring with a game-high 31 points, followed by Cunningham with 18 and Smith with 11. Thomas and Markus Manuel tied for team rebounding honors with 12 each, and Smith led in assists with six. Lious Robinson led Mayport in scoring with 21 points.

The Tigers will host the Falcons from MacDill AFB Saturday and Sunday.

For more information, contact the Fitness Center at 283-2631.

*(Courtesy Tyndall Tigers)*

### Game times at the Fitness Center:

4 p.m. Saturday  
11 a.m. Sunday



2nd Lt. Amanda Ferrell

**Lt. Col. Dan Kulund stair steps as a part of a fitness plan he developed.**

## Airman achieves 'excellence' in PFT

**2ND LT. AMANDA FERREL**

325th Fighter Wing Public Affairs

It's no surprise that active-duty personnel must take the annual Physical Fitness Test. Surprising, however, is a 65-year-old active-duty member scoring an "excellent" by earning the maximum points in all four categories of the test.

"I have to uphold my reputation," said Lt. Col. Dan Kulund, 325th Medical Group orthopedic surgeon and chief of the medical staff. "I'm also motivated by my wife, Sandy. She's very fit, so I work hard to keep up with her."

"Colonel Kulund epitomizes the concept of fit for life and is proof that age is simply a number," said Capt. John Lane, 325th Medical Support Squadron medical logistics flight commander.

Colonel Kulund is enthusiastic about the Air Force's initiative to keep Airmen in shape.

"Air Force readiness demands physically fit Airmen with top technical training," he said. "To do well on the PT test, you need to follow four principles of training: Overload, consistency, specificity and progression. Most important is consistency."

Military members need to train like they fight, said the colonel. He and his wife developed the Global Readiness Individual Development training and conditioning package for in-garrison and deployed personnel.

"The program includes low intensity or high intensity exercises that can be done with or without equipment in an environment of opportunity," said Colonel Kulund.

As the orthopedic fitness advisor to Basic Military Training, Colonel Kulund applied the GRID program and lessons learned from the confidence course and tactical assault course to recharge BMT PT for 60,000 Air Force trainees annually, he said.

"Military physical training is too important to follow civilian paths," he said. "Obstacle courses, not stationary bicycles, are our models."

Colonel Kulund attributes his excellent performance on the PFT to consistently training like a war fighter. He advocates the incorporation of exercises that mimic combat maneuvers into Air Force PT sessions.

"We need to outfit our running trails and tracks with climbing bars, strength sand bags, crawling pits and ten pound steel bar M-16 simulators," said the colonel. "Knowledge is power, and Airmen who know how to train effectively with these tools will be fit to fight."

Those familiar with Colonel Kulund's tenacity appreciate his willingness to educate and motivate others.

"He's dedicated to ensuring that Airmen struggling with the new fitness test are armed with the necessary tools to not only pass it, but to excel at it," said Captain Lane. "With his 'can do' attitude and ability to tailor training programs to individual needs, it's no wonder he's sought after as a mentor."

Colonel Kulund will be teaching the GRID program at Heritage Park at 3 p.m. the first Friday of each month beginning in March.

● **FROM STAR PAGE 1**  
the next day's mission.

"We also responded to calls and emergency missions in the middle of the night," he said. "They were mostly (improvised explosive device) or post-blast calls."

"But everyday was different," Sergeant Unterseher said. "We'd have rocket attacks some days, and other days we would wait and respond to calls."

The Airmen returned from their six-month deployment in September and are expecting another deployment this fall.

"I'm hoping for another deployment opportunity," Sergeant Unterseher said. "It was an awesome experience."



Gen. William R. Looney III pins Bronze Star Medals on Staff Sgt. George Schmalz and Tech. Sgts. Jeff Findley and Jeremy Unterseher during a commander's call Jan. 26 here.

# Silent tears of sexual violence

**PHYLISTA DUDZINSKI**  
Tyndall's Sexual Assault Response coordinator

One of the most startling aspects of sex crimes is how many go unreported. Victims often suffer through their trauma in silence telling no one; their tears are shed in the cloak of shame and despair. This is even true in the military.

Our system itself was inherently structured to make reporting unlikely. Some of the reasons listed by military victims for not reporting include: fear of not being believed, reprisal, negative impact on career, ridicule by co-workers and the offender is in the chain of command. Unfortunately, without reporting, we will never be able to answer with any certainty how prevalent sexual assault is in the Air Force.

This is why the Air Force has deemed it imperative to aggressively foster a culture in which victims feel secure. Only when they are able to trust that their report will be handled with compassion and that the allegation will be investigated fully and fairly will victims come forward.

One of the first steps in this cultural reformation was the creation of the sexual assault response coordinator at each base. The SARC serves as a single point of contact for integrating and coordinating victim care from an initial report through resolution of issues related to the victim's health and well-being. This includes a 24-hour/7-day-a-week response capability by calling 625-1231 or being connected through the base operator or command post.

Additionally, active duty title 10 members now have an option to report sexual assault confidentially without involving the investigative process. No one in the chain of command is notified. This restricted, confidential report must be initiated through the SARC or someone at the medical treatment facility. This allows the victim time to decide what to do while still receiving care and counsel.

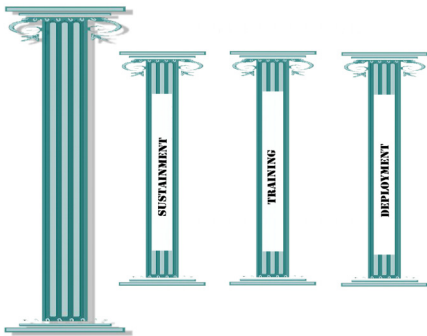
However, things won't change unless everyone takes an active part. Victims must speak up, report abuse and reach out – help is available. Supervisors must take it seriously and respond with compassion. Listen, believe and be patient. Refer the victims to appropriate support services, first and foremost being the SARC.

Confidential counseling is available and critical to the overall recovery of a victim of sexual trauma. The sooner it is made available the better. A victim advocate can be assigned for emotional support through the initial trauma when the victim may be feeling depressed, confused, scared, fearful and unsafe.

The Victim/Witness Assistance Program will assist in keeping the victim apprised of the investigative process. Resolution may not come for many months, so it's vital to keep the victim up to date with the ongoing legal activities.

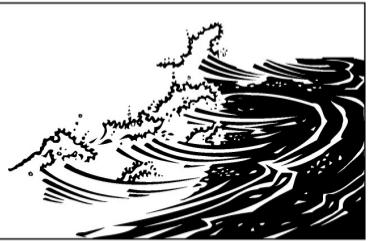
Put a voice with the silent tears. Know what sexual assault is and recognize that it can happen to anyone – male or female, young or old. Let our legacy be "We are not a culture that perpetuates or tolerates violence against its Wingmen nor one that allows them to walk alone."

## FORCE PROTECTION





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Free!

UNFORGETTABLE MELODIES FROM OPERA & BROADWAY




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For details, call 283-4211 ext. 3335.  
the library. The story proceeds, with only Despina ready for the wolf - she has read in a book how to shrink bullies down to size.  
The moral of the story: "When you fear a thing that's scary ... Just take your questions to the library."

Locations and Showtimes

8 Feb	"Three Pigs"	Waller Elm. School	11:00 a.m.
	"Three Pigs"	Tyndall Youth Ctr.	5:30 p.m.
9 Feb	"Opera in a Trunk"	Fam Camp	11:00 a.m.
	"Opera in a Trunk"	Comm. Ctr.	7:00 p.m.
10 Feb	"Opera and All That Jazz"	O'Club	6:00 p.m.

The Three Little Pigs - Feb 8th



FREE!

The Three Little Pigs uses the familiar children's story as its source. The opera takes Despina and her brothers, Giovanni and Cherubino, through a typical family squabble. While they are arguing over the proper construction of a house, Despina proclaims they can find plans for a good house in the library. The boys think books are silly as they already know how to build snug little cottages.  
Enter Wolfgang Bigbad, who pretends to be a fierce statue guarding

Showtimes: Tyndall Youth Center 5:30 p.m.

⚓ Tyndall's famous ⚓

Gulf Coast shrimp

fest

All ranks at the O'Club

Tonight

5:30 - 8:30 p.m.

Featuring

Snow Crab station

Oysters on the 1/2 shell

Variety of selected fish

Scallops

Clam chowder soup

Steamed rice

Vegetables

Peel & eat shrimp station

Beef carving station

Breaded shrimp

Seafood Newberg

Mashed potatoes with gravy

Hush puppies

Assorted desserts

Market Price - \$18.95\* Children ages 6-11 - \$9.95\* 5 and under - \$4.95\*

\* Members receive a \$3 discount. For details contact O'Club 283-4357.

✂

Attention Team Tyndall: Place a *free* classified ad in the Gulf Defender

Military classified ads are placed in the Gulf Defender on a space available basis. Ads must be for a one-time sale of personal goods and should include a complete description, 30 words or less, of item being sold. Forms must be turned in by 2 p.m. Thursday for publication in the following Friday's Gulf Defender. Completed forms can be dropped off or mailed to the 325th Fighter Wing Public Affairs Office at 445 Suwannee Rd. Ste. 129, Tyndall AFB, FL 32403, or faxed to (850) 283-3225. Ads can also be sen in by e-mail to checkertailmarket@tyndall.af.mil.

Rank/Name

Unit/Office Symbol

Duty Phone

Home Phone

Item description (One ad per form)

(30 words or less)

We value your opinion!

Take a couple of minutes to give us your thoughts on how we can make the Gulf

Did the front page grab your attention? Yes ☐ No ☐

Do you feel there is a good mix of local, command and Air Force-level news? Yes ☐ No ☐

Do the photos encourage you to read accompanied articles? Yes ☐ No ☐

Is the Gulf Defender easy to read and follow? ☐ ☐

What did you find most interesting in this week's paper? \_\_\_\_\_

If you could change one thing in the paper, what would it be? \_\_\_\_\_

Comments: \_\_\_\_\_

● FROM INSPIRATION PAGE 3



Courtesy photo

A retreat ceremony is held for two Airmen who were killed in action.

We Do to guide us, we are sure to succeed in serving and protecting the rights of all, to include our extended family in and out of the military, and inside and outside the United States. We owe it to these fellow warriors

to drive on relentlessly in pursuit of these ideals every day and keep their sacrifice and the sacrifices of others in mind so they may guide how we go about our lives and in the decision-making process.

● FROM RIDE PAGE 3

life and a career pretty challenging. One of the other things I’ve noticed is that the Air Force is largely self-paced. Wearing master sergeant at 22 years is OK, but I know of a senior master sergeant at Tyndall with 16 years of service who has already tested for chief master sergeant. You can make as much or as little of yourself as you desire.

I’ve been able to do all of these incredibly fun and rewarding things because I’ve managed to stay in the Air Force and have a great career. The folks whose paperwork now resides in the legal office are in question. Making the decision to “do the right thing” is not always easy or popular. Even more difficult sometimes is to “do the right thing” when no one is watching. Theft takes on many forms.

Adding a few hundred pounds onto your do-it-yourself move, falsifying vouchers for temporary duty assignment travel and personal use of government property are one-way tickets to the front gate. When you’re at a party downtown and blunts get passed around, it’s time to go. Leave the bar before things get out of hand. As a first sergeant, I’ve learned that nothing good ever happens after midnight. Look out for each other and make sure the people you choose as Wingmen are willing to step in and intervene. If you’re caught without your Wingman, practice good career risk management. You are ultimately responsible for the decisions in your life and career. Don’t make excuses. Surround yourself with good people and make the right decisions. There are so many fun and rewarding adventures ahead. Don’t miss out on the ride of a lifetime.

